



# Auckland Mission of St George, of The

Antiochian Orthodox Archdiocese of Australia, New Zealand, and Philippines; of The Greek Orthodox Church, Patriarchate of Antioch and All the East.

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## Fasting Calendar of The Orthodox Church for 2012 AD

January							February							March							April							
Su	M	T	W	Th	F	S	Su	M	T	W	Th	F	S	Su	M	T	W	Th	F	S	Su	M	T	W	Th	F	S	
1	2	3	4	5	6	7				1	2	3	4						1	2	3	1	2	3	4	5	6	7
8	9	10	11	12	13	14	5	6	7	8	9	10	11	4	5	6	7	8	9	10	8	9	10	11	12	13	14	
15	16	17	18	19	20	21	12	13	14	15	16	17	18	11	12	13	14	15	16	17	15	16	17	18	19	20	21	
22	23	24	25	26	27	28	19	20	21	22	23	24	25	18	19	20	21	22	23	24	22	23	24	25	26	27	28	
29	30	31					26	27	28	29				25	26	27	28	29	30	31	29	30						
May							June							July							August							
Su	M	T	W	Th	F	S	Su	M	T	W	Th	F	S	Su	M	T	W	Th	F	S	Su	M	T	W	Th	F	S	
	1	2	3	4	5							1	2											1	2	3	4	
6	7	8	9	10	11	12	3	4	5	6	7	8	9	5	6	7	8	9	10	11	5	6	7	8	9	10	11	
13	14	15	16	17	18	19	10	11	12	13	14	15	16	12	13	14	15	16	17	18	12	13	14	15	16	17	18	
20	21	22	23	24	25	26	17	18	19	20	21	22	23	15	16	17	18	19	20	21	19	20	21	22	23	24	25	
27	28	29	30	31			24	25	26	27	28	29	30	22	23	24	25	26	27	28	26	27	28	29	30	31		
September							October							November							December							
Su	M	T	W	Th	F	S	Su	M	T	W	Th	F	S	Su	M	T	W	Th	F	S	Su	M	T	W	Th	F	S	
30						1		1	2	3	4	5	6					1	2	3	30	31						
2	3	4	5	6	7	8	7	8	9	10	11	12	13	4	5	6	7	8	9	10	2	3	4	5	6	7	8	
9	10	11	12	13	14	15	14	15	16	17	18	19	20	11	12	13	14	15	16	17	9	10	11	12	13	14	15	
16	17	18	19	20	21	22	21	22	23	24	25	26	27	18	19	20	21	22	23	24	16	17	18	19	20	21	22	
23	24	25	26	27	28	29	28	29	30	31				25	26	27	28	29	30		23	24	25	26	27	28	29	

LEGEND:

Abstain from meat, fish, dairy, eggs, alcohol, oil.

Abstain from meat, dairy, eggs.

Abstain from meat, fish, dairy, eggs; wine and oil allowed.

Abstain from meat.

Fast Free